Mountain Spaa

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With a backdrop of clear blue skies, snow-capped peaks, luxuriant pastures and sparkling mountain streams is found the ideal mountain retreat: The Mountain Spaa Resort in beautiful Heber Valley.

The "Spaa" is a lush green resort with a certain mystic about it. The relaxed rural atmosphere and historical value are simply delightful. In a world of fast-paced lifestyles and never-ending development, here is a quiet, healthful, secluded spot where one can relax to the absolute stillness, breathe the clean mountain air and bathe in the healthful odorless mineral water pools. The water is loaded with the magic mineral, zinc. Zinc is noted for its wound-healing ability and its benefits to arthritic patients.

The "Hot Pots," from which the water comes are cone, shaped springs of lime formation formed by water. The water contains lime, zinc, iron, and magnesium — it forms a hard lime rock wherever it flows. In ancient times, the water ran over the surface and formed the cones, some are very high while others are ground level. The water temperature varies in the pots. The dry pots have sealed themselves off with lime rock.

Mountain Spaa has a fascinating history that contributes to its mystic. Legend has it that in 1851, a gang of outlaws stopped to swim in the old long pot. When they saw a band of Indians preying down upon them, they hid their gold in an iron kettle and buried it, then fled. Many years later, one of the men returned, but the land had changed and he was unable to find the gold. Many have searched in vain for the gold, but it remains hidden somewhere near the "Old Long Pot."

In 1885, Ezra Strong brought the claim for two yoke of oxen and second-hand sewing machine. He put a tent over one dry pot to live in, and opened a saloon in another. To enter Ezra's saloon, one had to slide down a rope.

In 1888, the dream of a resort was born, when Andrew Luke bought the claim. Andrew and his oldest son, John, built a popular resort on the claim. "Luke's Hot Pots" became famous for it's healthful mineral water pools, it's country fried chicken, and swinging dances.

Today, nearly a century later, the Mountain Spaa still retains the charm of Andrew Luke's dream. Known as the Mountain Spaa since 1957, the resort is owned by the Eugene Payne family.

The Old Long Pot is still there, it's now the indoor pool at the Spaa. There is also a larger outdoor pool and a small private bath house with a little pool. All three of the pools are mineral water fed. For your riding enjoyment, the Mountain Spaa has fine horses and beautiful scenic rides. A perfect spot for a family reunion, church group, company party, wedding, or social gathering. The Spaa has facilities for trailer parking with hookups, a tent pitching area, lawn games, picnic areas, a picnic pavillion, a dance hall, a cafe for snacking, a game room for playing, and a spacious dining room for your dining pleasure. All this plus a quaint hotel and cabins make the Spaa the perfect weekend retreat.

